

Washington Permanente Medical Group is the highest-ranked medical group in Washington state for the 11th year in a row.1



Doctors, nurses, and specialists at our medical offices all work together to keep you healthy. They're connected to each other, and to you, through your electronic medical record.2



Your care, your way

You can connect to care online, in person, or by phone, and get health advice 24/7. You can also view your electronic health record, send non-urgent emails to your doctor, schedule routine appointments, and more - online or with our mobile app.^{2,3}



Get more from your health plan

Take advantage of a wide range of convenient tools and resources to help you stay well-from health classes⁴ at Kaiser Permanente facilities to one-on-one support from a wellness coach.

City of Renton, HRRM Dept. 1055 S. Grady Way, Renton, WA 98057

PRESORTED STANDARD US POSTAGE PAID RENTON, WA PERMIT NO. 137



Experience the Kaiser Permanente difference

Open enrollment for City of Renton employees:

November 1 through November 30, 2018



Please recycle. LG0002326-50-18







¹Washington Health Alliance 2017 Community Checkup, www.wacommunitycheckup.org. Ranking applies to Kaiser Permanente Washington's medical group, Washington Permanente Medical Group, P.C. (formerly Group Health Cooperative's medical group, Group Health Permanente, P.C.).

²Available when you get care at Kaiser Permanente facilities.

³To use the Kaiser Permanente Washington app, you must be a Kaiser Permanente Washington member registered on kp.org/wa.

⁴Some classes may require a fee.

Get convenient care and affordable coverage

Kaiser Permanente has a lot to offer in 2019.

Our premiums are lower than last year. All our medical offices have been updated. And we have more care options than ever before.

As you review your plan options during open enrollment this fall, consider the 2019 Kaiser Permanente Core HMO plan. You'll find high-quality care and coverage in one easy-to-use, affordable package.

Care when and where you need it



COME IN to see your doctor or get care at a nearby walk-in clinic.



CLICK for a real-time Care Chat with a Kaiser Permanente care provider. Use an online visit to get a diagnosis and treatment plan – often within 2 hours.1 Or email your care team with non-urgent questions.2



CALL our 24/7 consulting nurse helpline anytime for health care advice.

Nearby care locations

Newly updated **Kaiser Permanente** medical centers

- Burien
- Factoria
- Federal Way
- Kent
- Puyallup
- Rainier
- Renton
- Tacoma (2)

CareClinic by Kaiser Permanente at Bartell Drugs

(no appointment needed)

- Des Moines
- Renton

Hospitals

- Overlake Hospital in Bellevue
- St. Joseph Medical Center in Tacoma
- Swedish First Hill and Swedish Cherry Hill in Seattle

Many services under one roof

Do more in less time. At most Kaiser Permanente medical offices, you can see your doctor, get a lab test or X-ray, and pick up prescriptions – all in a single visit.2

Want to learn more?

Contact your benefit administrator for more details on how Kaiser Permanente makes health care convenient and affordable.





¹ Prescriptions from online visits must be filled at Kaiser Permanente Washington medical offices or mail-order service.

 $^{^{\}rm 2}\,\mbox{Available}$ when you get care at Kaiser Permanente facilities.